



# LEADER IN TRAINING PROGRAM

## 2022

Camp Boggy Creek's Leader in Training Program teaches leadership skills to 17- and 18-year-olds who have attended Boggy Creek as campers, including siblings that have attended family camp.

- The summer 2022 Leader in Training Program will be virtual via Zoom.
- There will be weekly video conference calls (Zoom meetings) where participants will have discussions and do activities surrounding preparation assignments that may include reading articles, watching videos, or doing some self-reflection.
- Weekly Zoom meetings will begin in mid-June and run through the beginning of August.
- We realize folks may be hesitant about a virtual Leader in Training Program, so we want you to know that we successfully facilitated the program virtually in 2020 and 2021, and 62 young adults participated. Below are some quotations from the Leaders in Training of 2020 and 2021:

Each zoom session was the highlight of my week.

[It's] a program that trains you to be even more than a leader. You develop skills that can be used in leadership roles and your daily life. In the program you learn important things like goal setting, conflict resolution, what it means to be a mentor, and much more. It teaches that progress, not perfection is important.

I have gained knowledge on what it takes to be a better leader and role model... [including the] many ways you can be a part of helping the world around us.

I gained a stronger sense of self. Being in the LIT program also allowed me to have a sense of community despite the pandemic and it helped my self-confidence flourish.

I HAVE GAINED A LOT OF SELF-CONFIDENCE AND COMMUNICATION.

WITH THE PROGRAM BEING VIRTUAL THIS YEAR, I ENJOYED THE TIME WE HAD BETWEEN MEETINGS INSTEAD OF HAVING THEM MULTIPLE DAYS IN A ROW. I FELT LIKE I HAD MORE TIME TO REFLECT ON OUR DISCUSSIONS, APPLY THINGS I LEARNED TO MY EVERYDAY LIFE, AND SEE THE OUTCOMES OF DOING SO. I ALSO ESPECIALLY LOVED SEEING SOME NEW AND FAMILIAR FACES AND CATCHING UP WITH HOW EVERYONE HAS BEEN DOING.

I found that I love talking to leaders. I loved talking with our LIT group this summer because everyone was so genuine and open, and I loved the conversations we had. It was like a little serotonin boost every week. I also found myself using methods we talked about to better myself and others, like listening more, being open and honest and communicating clearly, and being grateful.

I HAVE ALSO BEEN ABLE TO SET GOAL AND MAKE A BETTER ROUTINE. THIS PROGRAM REALLY HELPED ME BECOME A BETTER PERSON FOR THE FUTURE, AND TOOK DOWN MY ANXIETY WHERE I WILL BE AND WHAT I WILL DO. I'M VERY EXCITED TO SEE WHAT THE FUTURE HOLDS FOR ME!

Although I would have of course loved to see everyone in person, I think we did a great job adapting to the virtual format and still finding ways to connect and communicate. I think we talked about a nice variety of very important skills in helpful and constructive ways.